

Flourishing During Job Searches Workshop

Brandy L. Simula, PhD, BCC

Description:

In this 90-minute interactive workshop, participants will develop individualized strategies for flourishing during job searches, including for traditional faculty positions as well as diverse careers in and beyond the academy. The workshop will cover how to develop and hold effective boundaries around intellectual and emotional job search labor, strategic management of the job search process, and how to balance a job search with research and teaching, personal and family commitments, and self-care. Participants will leave the workshop with a personalized plan for combating job search-related stress and uncertainty, a map of their job search support network, and strategies for navigating the job market during a global health pandemic and the resulting economic downturn.

Learning Outcomes:

- Develop effective boundaries around intellectual and emotional job search labor
- Develop skills for effectively managing job-search related stress and pressure points
- Understand the importance of strategic management of a job search process
- Understand how to balance a job search with academic responsibilities, personal and family commitments, and self-care

Audience:

Advanced graduate students and post-docs in any field or discipline, in the process of conducting or intending to conduct a job search in the next 18 months; appropriate for those interested in traditional academic as well as diverse career paths.

Brandy L. Simula, PhD, BCC (she/her/hers) is a Professional Development Specialist in the Office of the Vice Provost for Graduate Education and Faculty Development at Georgia Tech. A board certified career, professional, and life design coach, Dr. Simula serves as a guest expert for the National Center for Faculty Development and Diversity and writes regularly on professional development and career topics for *Inside Higher Ed*. She is a 2020-21 Diversity & Inclusion Fellow at Georgia Tech and a 2020-21 Leadership Fellow in the University System of Georgia. Her research has been published in *Social Sciences*, *Sociology Compass*, *Sexualities*, *the Journal of Homosexuality*, *the Journal of Bisexuality*, and edited volumes on identities and inequalities. She is the lead editor of *Expanding the Rainbow* and is currently at work on an edited volume on sexualities under contract with Oxford University Press. The incoming Editor-in-Chief of the *Journal of Positive Sexuality*, she holds a PhD in Women's, Gender, and Sexuality Studies and is a research affiliate at the Center for Positive Sexuality.

brandylsimulaphd@gmail.com

www.brandysimula.com